

C. Lavender (Lavender Suarez)

Sound: Artist, Healing Practitioner, and Educator

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Biography

C. Lavender (Lavender Suarez) is an interdisciplinary sound artist, sound healing practitioner, and educator. Her work spans through live performance, recording, installations, compositions, videos, writing, and workshops. C. Lavender creates immersive aural landscapes for listeners; experiences which are intensely physical, emotional, and ultimately cathartic. She is the author of the book "*Transcendent Waves: How Listening Shapes Our Creative Lives*" (Anthology Editions, 2020), which delves into how listening can be a powerful source of inspiration. C. Lavender has performed, lectured, and hosted workshops at MoMA, The Whitney Museum of American Art, Solomon R. Guggenheim Museum, Hirshhorn Museum, The Rubin Museum, The Brooklyn Botanic Garden, Cafe Oto, Museum of the Moving Image, Fridman Gallery, and Rensselaer Polytechnic Institute among other venues. She has albums and recordings featured on the labels Editions Mego, Ecstatic Peace! and RVNG Intl. C. Lavender has been artist-in-residence at Pioneer Works, Harvestworks, A+E Lab (UK), and Wave Farm.

Selected Exhibitions, Works, and Performances

2023

Jule Collins Smith Museum of Fine Art Meditative performance and curation of songs for "alternative audio guide" for "Invisible Thread" exhibit | Auburn, AL

2022

A+E Lab "Oneness for Wave Field Synthesis" Spatial Audio Work for 192 speaker Wave Field Synthesis System. *This project was supported, in part, by a Foundation for Contemporary Arts Emergency Grant* | Chatham, UK

Cafe Oto Performance for Electronics & Small Percussion | London, UK

Rockaway Film Fest Live score for "Pond & Waterfall" by filmmaker Barbara Hammer | NYC

Fridman Gallery "Peripheral Listening" 10-person Collective Group Improvisation curated by Daniel Neumann | NYC

Center for Art, Research & Alliances (CARA) Discussion about listening & meditative sound bath | NYC

High Zero Festival Gong & Electronics Duo with Matthew Regula | Baltimore, MD - Virtual

The Bunker - Going In Festival Gong & Electronics Duo with Matthew Regula | Virtual

Radiophrenia "Circadian Rhythm Radio" Audio Presentation | Glasgow, SCT - Virtual

Franklin Furnace Performance Dedicated to Linda Mary Montano | New York, NY - Virtual

2021

National Sawdust Performance. *Supported by a City Artist Corps Grant* | New York, NY

John Cage Trust "Rozart Mix" performer with Aaron Dilloway | Annandale-on-Hudson, NY

Bemis Center Multiple Performances | Omaha, NE

Send + Receive Fest Multichannel Audio Installation | Winnipeg, Canada
Museum of the Moving Image Audio Installation "A Day in Jackson Heights" | Queens, NY
Currents.FM Performance "Editions Mego Presents" | Virtual
Recess Art Performance | New York, NY

2020

The Whitney Museum "Sound Bath" Performance Video | New York, NY - Virtual
Fridman Gallery "The Impulse Chamber" A/V Performance | New York, NY - Virtual
De Appel Audio Installation, Listening Session | Amsterdam, NL
Screenslate "New Age Sound & Vision" Film Curation, Short Film Presentation, Discussion | New York, NY - Virtual

2019

Solomon R. Guggenheim Museum "Organ Within" Performance | New York, NY
Hirshorn Museum "Sonic Meditation: Pulse Index" Performance in Rafael Lozano-Hemmer's "Pulse" Installation | Washington, DC
Lincoln Park Conservatory *Experimental Sound Studio Commission* | "Terraforming a Sanctuary" Multichannel Audio Installation | Chicago, IL
Ende Tymes Festival Performance | New York, NY
Park Place Gallery ARTSCIENCE "Macrophagic Notturmo" Audio Installation w/Sculpture | New York, NY

2018

The Rubin Museum "Meditating with Sound" Lecture, Performances | New York, NY
Issue Project Room "Transmutation Helix" Multichannel A/V performance | New York, NY
Gas Take Care, "Sagittal Plane Interference" Meditative Audio Installation | Los Angeles, CA

2016 Basilica Soundscape Festival Performance | Hudson, NY

2015 MoMA PS 1 Lecture, Performance | New York, NY

2014 Roulette Mixology Festival Performance | New York, NY

Residencies

2022 A+E LAB Wave Field Synthesis Composition Resident | Chatham, UK

2022 **Harvestworks** Artist-in-Residence | New York, NY

2020 **Harvestworks** Technology Immersion Program Scholar | New York, NY

2020 **Pioneer Works** Musician-in-Residence | New York, NY

2019 **Kurimanzutto Gallery** | New York, NY

2016 **Wave Farm** | Acra, NY

Workshops & Lectures

2022

Smith College Lecture Graduate Dance Dept | Northampton, MA - Virtual

Immersed Soundspace Explorations Panelist | London, England- Virtual

7 Days of Sound Workshop and Lecture | Bristol, England - Virtual
UCLA Sound Design Lecture | Los Angeles, CA - Virtual
Philosophical Research Society Lecture & Workshop | Los Angeles, CA - Virtual

2021

Museum of the Moving Image "The Frequency of Fear: The Power and the Glory of the Motion Picture Soundtrack" with Dean Hurley | Curator, Moderator | Queens, NY
Museum of the Moving Image + Emerald Isle Immigration Center "Field Recording" Outdoor Public Field Recording Workshop for Children & Adults | Queens, NY

Museum of the Moving Image Sound Design Lectures, Workshops, for the Edu Dept of MoMI, Public School Teachers & Teens | Queens, NY
Pioneer Works "Lavender Suarez & Brandon Stosuy: On Creativity" Lecture | New York, NY
Parsons School of Design "Listening for Revolution" Artist Presentation & Lecture | New York, NY
Eugene Lang College of Liberal Arts Artist Presentation & Lecture | New York, NY
University of Buffalo Artist Presentation & Lecture | Buffalo, NY

2020

Brooklyn Public Library "Meditation for Teens" Workshop Series | New York, NY
Pioneer Works "Meditation for Creative Expression" Workshop Series Exploring Sound Healing, Meditation & Art Therapy | New York, NY

2019

Museum of Modern Art "Found Sound: Field Recording Workshop" Lecture, Performance and Workshop Teaching Field Recording | NYC
Rensselaer Polytechnic Institute "Deep Listening & The Physical Properties of Sound" Lecture and Workshop | Troy, NY

2016

Brooklyn Botanic Garden "Listening in The Leaves" Lecture and Workshop | New York, NY
Kites Nest "All Ears" Ten Week/50-Hour Class About The Scientific & Creative Aspects of Sound for Pre-Teens | Hudson, NY

Publications

2022 Pervasive Hiss: Domestic Noise PSA | Writer/Sound Design | [I Heard it in a Magazine](#)
2021 Stay Inspired Contributor, by Brandon Stosuy | Abrams Books
2020 Transcendent Waves: How Listening Shapes Our Creative Lives | Anthology Editions
2020 Make Time for Creativity Contributor, by Brandon Stosuy | Abrams Books

Selected Recordings

Cutting Through iDeal Recordings | (Release Date TBA) 2022
Transient Seclusion Longform Editions | 2021
Myth of Equilibrium Editions Mego | 2020
Vanishing Light Hot Releases | 2017

Peaceful Protest LGBTQ+ Benefit Compilation RVNG Intl | 2017
Fortitude in Wintarmanoth Ecstatic Peace! | 2013

Education

B.S. Psychology, Art Therapy - St. Thomas Aquinas College (2010)

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Articles

2021

"Longform Editions Curates A Digital Gallery for Listening" [Bandcamp](#)

"Notes on Mixture" [Transom](#)

"Positive Vibrations" [Departures Magazine](#)

"Where Can Sound Take Us? Innovators in Electronic Music" [Henry Ford Magazine](#)

"C. Lavender, 'Transient Seclusion'" [Foxy Digitalis](#)

"Transcendent Waves Book Review: Sound Healer Lavender Suarez Guides Us on an Infinite Sonic Journey" [Redefine Magazine](#)

"Gamelan-Inspired Electronics, 100 MPH Noise, Toddler Synthpop, & More" [Bandcamp](#)

"Books Every Traveler Should Read" (for "Transcendent Waves") [Here Magazine](#)

"Aquarium Drunkard Book Club Part 2" (for "Transcendent Waves") [Aquarium Drunkard](#)

"Top 10 - Music Books" [Random Rave Project](#)

"How We Listen: A Group Discussion on Our Myriad Interactions With Sound" [Varyer](#)

"Portrait of An Artist: Lavender Suarez" [The Harvard Crimson](#)

2020

"The Best Experimental Albums of 2020" (for "Myth of Equilibrium") [Bandcamp](#)

"The Acid Tests Best Albums of 2020" (for "Myth of Equilibrium") [Bandcamp](#)

"On 'Myth of Equilibrium' C. Lavender Finds Her Calling: Sound Healing" [Bandcamp](#)

"To Listen is To Heal" [Flaunt Magazine](#)

"Transcendent Waves, a book by Lavender Suarez" [Flash Art Magazine](#)

"9 Books You Should Be Reading This December" [Inside Hook](#)

"Lavender Suarez" [Women in Sound Zine](#)

"Lavender Suarez" [NY Yoga + Life Magazine](#)

"Lend Your Ears to The Boston Pops or A Sound Bath" [The New York Times](#)

"Myth of Equilibrium" Album Review [Wire Magazine](#) Issue 435

"How To Boost Your Creativity Through Sound Healing" [Art Zealous](#)

"Woman of Interest: Sound Healer Lavender Suarez Rides Transcendent Waves" [Audiofemme](#)

"30 Albums We Played Like Mad in 2020" [Dissonant Magazine](#)

'On The Power of Intention - Musician and sound healer Lavender Suarez on the power of intention, understanding how sounds affect the mind and body, and the value of opening up your senses in order to take in everything.'" [The Creative Independent](#)

"C. Lavender, brainwave weaving patterns in sonic healing and creative processes" [Clot Magazine](#)

2019

"What To See in Art Galleries Right Now" [The New York Times](#)

"A Social Body: Tarek Atoui's Organ Within" [Title Magazine](#)

Music: "Organ Within" An Infinite Window [Art Times Journal](#)

2018 "take care," [Artforum](#)